

REGISTRATION FORM

Name _____
Address _____
City _____
State _____ Zip _____
Phone _____
Emergency Phone _____
Age _____ Grade _____
Parents Name _____
E-Mail _____

**Burnsville Session #/Date/Time
you are signing up for:**

MEDICAL RELEASE

I hereby consent to any medical treatment necessary for my child in case of an emergency and waive any claim or cause of action of any nature arising as a result of, or in connection with the instruction of SFBS, Inc. and its employees or arising from his/her presence on or about the facility that SFBS Inc. is using. I accept full responsibility for any and all medical and/or related expenses.

Signature _____
Date _____

**For more information or to
register, call now!
(320) 857-2244**

**For more information on SFBS, our
coaches, philosophy, locations and
instruction check out our website!
www.solidfoundationbaseball.com**

DIRECTIONS TO VELOCITY

Velocity Sports Performance
14350 Rosemount Drive
Burnsville, MN

From 35E and 35W take County Road 42 west in Burnsville. Go until you hit Rosemount/Judicial Road (the small street sign says Rosemount but the big street sign will say Judicial Road.) Take a left and in approx. ¼ mile Velocity will be on your right hand side.

Solid Foundation Baseball School, Inc.

51923 298th Street
Grove City, MN 56243

(320) 857-2244

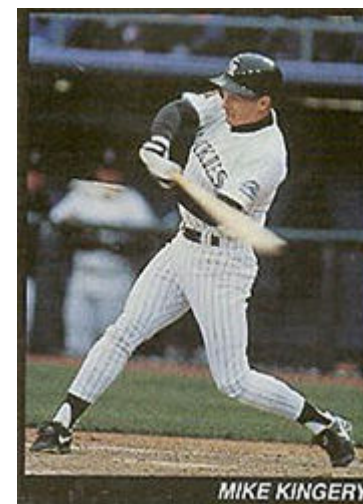
mike@solidfoundationbaseball.com
www.solidfoundationbaseball.com

SOLID FOUNDATION BASEBALL SCHOOL

PATIENT IN TEACHING. DILIGENT IN APPLICATION. ENTHUSIASTIC IN PRAISE.

SPRING TRAINING 2008

BURNSVILLE



**FOUNDED BY
MIKE KINGERY**
Retired Major League
Baseball Player

Patient in teaching
Diligent in application
Enthusiastic in praise

Are you looking for baseball instruction that caters to the needs of the individual player?

- The mission of Solid Foundation Baseball School is to train and lead each student to reach their full potential as a baseball player, an athlete, and a person.
- We accomplish this through private lessons and small group sessions that are fun, informative and personal.
- With the low student to teacher ratio (never more than 3:1!) we can properly train your player in the correct mechanics of hitting, throwing, pitching, infielding, outfielding, catching, and baserunning.
- At SFBS we do not use a cookie cutter approach for teaching each student. Through professional evaluation, each student is given techniques that will be player specific so they will be able to, through application, reach their highest potential.

Solid Foundation Baseball School, Inc. was founded in 1997 by Atwater, MN native and former Major League baseball player Mike Kingery. Mike has 17 years of professional baseball experience. As an outfielder, he played with the Kansas City Royals, Seattle Mariners, San Francisco Giants, Oakland A's, Colorado Rockies and Pittsburgh Pirates.

Call now to reserve your preferred time!! (320) 857-2244

PRICES

PRIVATE LESSONS

\$75 1 hour lesson
(\$70 per hour for 12 or more lessons)
\$40 ½ hour lesson

SMALL GROUP RATES*

(each lesson 1 hour)
6 lessons - 3 students
\$190 per student = \$31.67 per hour
6 lessons – 2 students
\$260 per student = \$43.33 per hour

*Video analysis is available for additional cost.

*Each student who registers for 6 lessons receives a free SFBS t-shirt!

\$\$\$\$\$SAVE!\$\$\$\$\$

Put your own group together and sign up for two sessions and save \$20 per session! (call (320) 857-2244 for details)

Have lessons with Mike Kingery! Find out how by visiting www.solidfoundationbaseball.com or calling (320) 857-2244

Spring Training '08 instructional sessions:

Session #1

Starting the week of Monday, Dec. 10th through the week of Monday, Jan. 28th
There will be **NO lessons** the weeks of December 24th and December 31st

Session #2

Starting the week of Monday, Feb. 4th through the week of Monday, Mar. 10th

Session #3

Starting the week of Monday, Mar. 24th through the week of Monday, April 28th

Instruction is offered:

Mon & Tues from 5-9PM for Session 1
Mon-Wed from 5-9PM for Session 2
Mon from 5-9PM. for Session 3

Sessions will be held at:
Velocity Sports Performance

LOOK AT WHAT PARENTS AND STUDENTS OF SOLID FOUNDATION BASEBALL SCHOOL ARE SAYING:

"...you really have that special touch with these kids in your camps. They respect you and know that whatever you're teaching them is the right thing. You are gentle and kind and can get your point across without being demeaning. That is not an easy thing to do!"

"Best Baseball Camp."

"Scott really had lots of fun and learned lots. The small teaching ratio was great! We appreciated the personal contact, the supportive attitude. Wonderful experience!"

"Thanks again for providing access to a really top notch instructor. My son really came away with a lot, but more importantly had a great time doing so!"

"Grant and Derek improve every year as a direct result of your program, and as you know, I tell everyone who will listen about the quality of the instruction."

"Just plan on Matt as a regular. He has improved so much with your program. He is so much more confident. It is all because of Solid Foundation and your hard work. Thanks for everything you've done."

"I personally am very impressed with what you are doing. I understand it is a business, but your enthusiasm and sincerity make it very worthwhile for the young players that seek your assistance. Good work. "

"I'm coming back for sure!"