

## REGISTRATION FORM

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Emergency Phone \_\_\_\_\_  
Age \_\_\_\_\_ Grade \_\_\_\_\_  
Parents Name \_\_\_\_\_  
E-Mail \_\_\_\_\_

**EP Session #/Date/Time you  
are signing up for:**

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### MEDICAL RELEASE

I hereby consent to any medical treatment necessary for my child in case of an emergency and waive any claim or cause of action of any nature arising as a result of, or in connection with the instruction of SFBS, Inc. and its employees or arising from his/her presence on or about the facility that SFBS Inc. is using. I accept full responsibility for any and all medical and/or related expenses.

Signature \_\_\_\_\_  
Date \_\_\_\_\_

**For more information or to  
register, call now!  
(320) 857-2244**

**For more information on SFBS, our  
coaches, philosophy, locations and  
instruction check out our website!  
[www.solidfoundationbaseball.com](http://www.solidfoundationbaseball.com)**

**Directions to the  
PRAIRIE DOME**  
(at Eden Prairie High School)  
17185 Valley View Rd  
Eden Prairie, MN

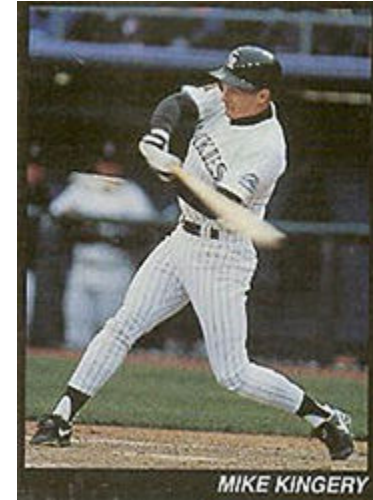
From State Hwy. 5  
Go north on Eden Prairie Rd.  
(Cty. Rd. 4)  
Turn left (west) onto Eagle Way  
at the third stoplight

**Solid Foundation Baseball  
School, Inc.**  
51923 298th Street  
Grove City, MN 56243  
**(320) 857-2244**  
[mike@solidfoundationbaseball.com](mailto:mike@solidfoundationbaseball.com)  
[www.solidfoundationbaseball.com](http://www.solidfoundationbaseball.com)

# SOLID FOUNDATION BASEBALL SCHOOL

PATIENT IN TEACHING. DILIGENT IN APPLICATION. ENTHUSIASTIC IN PRAISE.

**SPRING TRAINING 2008  
EDEN PRAIRIE**



**FOUNDED BY  
MIKE KINGERY**  
Retired Major League  
Baseball Player

Patient in teaching  
Diligent in application  
Enthusiastic in praise

**Are you looking for baseball instruction that caters to the needs of the individual player?**

- The mission of Solid Foundation Baseball School is to train and lead each student to reach their full potential as a baseball player, an athlete, and a person.
- We accomplish this through private lessons and small group sessions that are fun, informative and personal.
- With the low student to teacher ratio (never more than 3:1!) we can properly train your player in the correct mechanics of hitting, throwing, pitching, infielding, outfielding, catching, and baserunning.
- At SFBS we do not use a cookie cutter approach for teaching each student. Through professional evaluation, each student is given techniques that will be player specific so they will be able to, through application, reach their highest potential.

Solid Foundation Baseball School, Inc. was founded in 1997 by Atwater, MN native and former major league baseball player Mike Kingery. Mike has 17 years of professional baseball experience. As an outfielder, he played with the Kansas City Royals, Seattle Mariners, San Francisco Giants, Oakland A's, Colorado Rockies and Pittsburgh Pirates.

**PRICES**

**PRIVATE LESSONS**

\$75 1 hour lesson  
(\$70 per hour for 12 or more lessons)  
\$40 ½ hour lesson

**SMALL GROUP RATES\***

(each lesson 1 hour)  
6 lessons - 3 students  
\$190 per student = \$31.67 per hour  
6 lessons - 2 students  
\$260 per student = \$43.33 per hour

**\*Each student who registers for 6 lessons receives a free SFBS t-shirt!**

**\$\$\$\$\$SAVE!\$\$\$\$\$**

**Put your own group together and sign up for both sessions and save \$20 per session! (call (320) 857-2244 for details)**

**Have lessons with Mike Kingery! Find out how by visiting [www.solidfoundationbaseball.com](http://www.solidfoundationbaseball.com) or calling (320) 857-2244**

**Spring Training '08 instructional sessions:**

**Session #1**

Starting the week of Monday, Jan. 7th  
**through** Monday, Feb. 11<sup>th</sup>

**Session #2**

Starting the week of Monday, Feb. 18<sup>th</sup>  
**through** Monday, Mar. 24<sup>th</sup>

**Instruction is offered Monday-Wednesday for Session 1 and Monday-Thursday for Session 2  
6PM-10PM**

**All sessions will be held at:  
The Eden Prairie Dome in Eden Prairie (at EP High School)**

**Call now to reserve your preferred time!! (320) 857-2244**

**LOOK AT WHAT PARENTS AND STUDENTS OF SOLID FOUNDATION BASEBALL SCHOOL ARE SAYING:**

*"...you really have that special touch with these kids in your camps. They respect you and know that whatever you're teaching them is the right thing. You are gentle and kind and can get your point across without being demeaning. That is not an easy thing to do!"*

*"Best Baseball Camp."*

*"Scott really had lots of fun and learned lots. The small teaching ratio was great! We appreciated the personal contact, the supportive attitude. Wonderful experience!"*

*"Thanks again for providing access to a really top notch instructor. My son really came away with a lot, but more importantly had a great time doing so!"*

*"Grant and Derek improve every year as a direct result of your program, and as you know, I tell everyone who will listen about the quality of the instruction."*

*"Just plan on Matt as a regular. He has improved so much with your program. He is so much more confident. It is all because of Solid Foundation and your hard work. Thanks for everything you've done. "*

*"I personally am very impressed with what you are doing. I understand it is a business, but your enthusiasm and sincerity make it very worthwhile for the young players that seek your assistance. Good work. "*

*"I'm coming back for sure!"*