

## REGISTRATION FORM

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Emergency Phone \_\_\_\_\_  
Age \_\_\_\_\_ Grade \_\_\_\_\_  
Parents Name \_\_\_\_\_  
E-Mail \_\_\_\_\_

**EV Session #/Date/Time you are signing up for:**

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### MEDICAL RELEASE

I hereby consent to any medical treatment necessary for my child in case of an emergency and waive any claim or cause of action of any nature arising as a result of, or in connection with the instruction of SFBS, Inc. and its employees or arising from his/her presence on or about the facility that SFBS Inc. is using. I accept full responsibility for any and all medical and/or related expenses.

Signature \_\_\_\_\_  
Date \_\_\_\_\_

**For more information or to register, call now!  
(320) 857-2244**

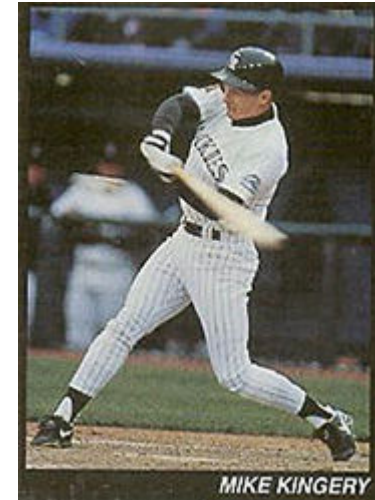
**For more information on SFBS, our coaches, philosophy, locations and instruction check out our website!  
[www.solidfoundationbaseball.com](http://www.solidfoundationbaseball.com)**

# SOLID FOUNDATION BASEBALL SCHOOL

PATIENT IN TEACHING. DILIGENT IN APPLICATION. ENTHUSIASTIC IN PRAISE.

**SPRING TRAINING 2008**

**EDEN VALLEY**



**FOUNDED BY  
MIKE KINGERY  
Retired Major League  
Baseball Player**

**Patient in teaching  
Diligent in application  
Enthusiastic in praise**

**Solid Foundation Baseball  
School, Inc.**  
51923 298th Street  
Grove City, MN 56243  
**(320) 857-2244**  
[mike@solidfoundationbaseball.com](mailto:mike@solidfoundationbaseball.com)  
[www.solidfoundationbaseball.com](http://www.solidfoundationbaseball.com)

**Are you looking for baseball instruction that caters to the needs of the individual player?**

- The mission of Solid Foundation Baseball School is to train and lead each student to reach their full potential as a baseball player, an athlete, and a person.
- We accomplish this through private lessons and small group lessons that are fun, informative and personal.
- With the low student to teacher ratio we can properly train your player in the correct mechanics of hitting, throwing, pitching, infielding, outfielding, catching, and baserunning.
- At SFBS we do **not** use a cookie cutter approach for teaching each student. Through professional evaluation, each student is given techniques that will be player specific so they will be able to, through application, reach their highest potential.

Solid Foundation Baseball School, Inc. was founded in 1997 by Atwater, MN native and former Major League baseball player Mike Kingery. Mike has 17 years of professional baseball experience. As an outfielder, he played with the Kansas City Royals, Seattle Mariners, San Francisco Giants, Oakland A's, Colorado Rockies and Pittsburgh Pirates.

**PRICES**

**PRIVATE LESSONS\***

\$55 1 hour lesson

\$30 ½ hour lesson

**SMALL GROUP RATES\***

6 one hour lessons – 3 students

\$115 per student

6 one hour lessons – 2 students

\$165 per student

**\*Video analysis is available for additional cost.**

**\*Each student who registers for 6 lessons receives a free SFBS t-shirt!**

**Have lessons with Mike Kingery!**

**Find out how by logging on to**

**[www.solidfoundationbaseball.com](http://www.solidfoundationbaseball.com)**

**or calling (320) 857-2244**

**Spring Training '08 instructional sessions:**

**Session #1**

Starting the week of Monday, Jan. 7<sup>th</sup>  
through the week of Monday, Feb. 11<sup>th</sup>

**Session #2**

Starting the week of Monday, Feb. 18<sup>th</sup>  
through the week of Monday, Mar. 24<sup>th</sup>

**Session #3**

Starting the week of Monday, April 7  
through the week of Monday, May 12<sup>th</sup>

**Instruction is offered Mon-Thurs  
5PM-9PM and Saturday 9AM-1PM**

**All sessions will be held at:  
the Eden Valley Hawks Clubhouse  
in Eden Valley**

**Call now to reserve your preferred  
time!! (320) 857-2244**

**LOOK AT WHAT PARENTS AND STUDENTS  
OF SOLID FOUNDATION BASEBALL  
SCHOOL ARE SAYING:**

*"...you really have that special touch with these kids in your camps. They respect you and know that whatever you're teaching them is the right thing. You are gentle and kind and can get your point across without being demeaning. That is not an easy thing to do!"*

*"Best Baseball Camp."*

*"Scott really had lots of fun and learned lots. The small teaching ratio was great! We appreciated the personal contact, the supportive attitude. Wonderful experience!"*

*"Thanks again for providing access to a really top notch instructor. My son really came away with a lot, but more importantly had a great time doing so!"*

*"Grant and Derek improve every year as a direct result of your program, and as you know, I tell everyone who will listen about the quality of the instruction."*

*"Just plan on Matt as a regular. He has improved so much with your program. He is so much more confident. It is all because of Solid Foundation and your hard work. Thanks for everything you've done."*

*"I personally am very impressed with what you are doing. I understand it is a business, but your enthusiasm and sincerity make it very worthwhile for the young players that seek your assistance. Good work. "*

*"I'm coming back for sure!"*