

REGISTRATION FORM

Name _____
Address _____
City _____
State _____ Zip _____
Phone _____
Emergency Phone _____
Age _____ Grade _____
Parents Name _____
E-Mail _____

Minnetonka Date/Time you are signing up for:

MEDICAL RELEASE

I hereby consent to any medical treatment necessary for my child in case of an emergency and waive any claim or cause of action of any nature arising as a result of, or in connection with the instruction of SFBS, Inc. and its employees or arising from his/her presence on or about the facility that SFBS Inc. is using. I accept full responsibility for any and all medical and/or related expenses.

Signature _____
Date _____

**For more information or to register, call now!
(320) 857-2244**

**For more information on SFBS, our coaches, philosophy, locations and instruction check out our website!
www.solidfoundationbaseball.com**

All Minnetonka lessons will be held at the TONKA DOME (at Minnetonka High School) 18301 Highway 7 Minnetonka, MN 55345

Driving Directions

From North:

Take 694 West to 494 East (South) to Hwy 7 West. Take a left on 101 and then your second right onto Old Excelsior. The school will eventually be on your left.

From South:

Take 494 West to Hwy 7 West. Take a left on 101 and then your second right onto Old Excelsior. The school will eventually be on your left.

From West:

Take Highway 7 east until you reach the Vine Hill Road intersection, and take a right onto Vine Hill Road. Proceed by taking a left onto Delton Avenue. Minnetonka High School will be on the right.

From East:

Take 94 West to 394 West to 494 East (South) to Hwy 7 West. Take a left on 101 and then your second right onto Old Excelsior. The school will eventually be on your left.

Solid Foundation Baseball School, Inc.

51923 298th Street
Grove City, MN 56243
(320) 857-2244

mike@solidfoundationbaseball.com
www.solidfoundationbaseball.com

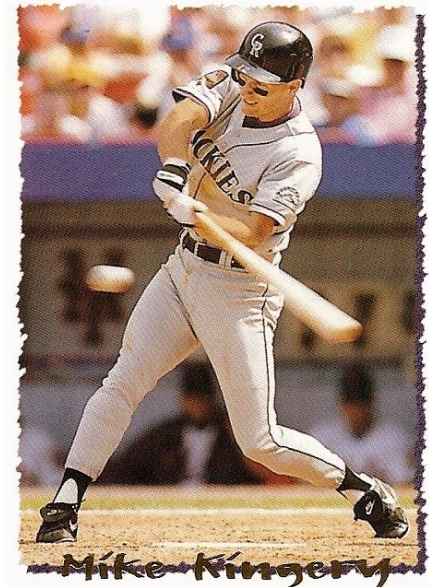
SOLID FOUNDATION BASEBALL SCHOOL

PATIENT IN TEACHING. DILIGENT IN APPLICATION. ENTHUSIASTIC IN PRAISE.

SPRING TRAINING 2010

Minnetonka

(sponsored by the Minnetonka Diamond Club)



**FOUNDED BY MIKE KINGERY
Retired Major League Baseball Player**

**Patient in teaching
Diligent in application
Enthusiastic in praise**

Are you looking for baseball & softball instruction that caters to the needs of the individual player?

- The mission of Solid Foundation Baseball School is to train and lead each student to reach their full potential as a baseball/softball player, an athlete, and a person.
- We accomplish this through private lessons and small group sessions that are fun, informative and personal.
- With the low student to teacher ratio (never more than 3:1!) we can properly train your player in the correct mechanics of hitting, throwing, pitching, infielding, outfielding, catching, and baserunning.
- At SFBS we do not use a cookie cutter approach for teaching each student. Through professional evaluation, each student is given techniques that will be player specific so they will be able to, through application, reach their highest potential.

Solid Foundation Baseball School, Inc. was founded in 1997 by Atwater, MN native and former major league baseball player Mike Kingery. Mike has 17 years of professional baseball experience. As an outfielder, he played with the Kansas City Royals, Seattle Mariners, San Francisco Giants, Oakland A's, Colorado Rockies and Pittsburgh Pirates.

PRICES

PRIVATE LESSONS

\$75 1 hour lesson

\$40 ½ hour lesson

SMALL GROUP RATES*

(each lesson 1 hour)

5 one hour lessons- 3 students

\$158 per student

5 one hour lessons- 2 students

\$217 per student

6 one hour lessons - 3 students

\$190 per student

6 one hour lessons – 2 students

\$260 per student

Sign up for both sessions and save!\$\$

*Each student who registers for a 6 week session also receives an SFBS t-shirt!

Have lessons with Mike Kingery! Find out how by going to

www.solidfoundationbaseball.com

or calling (320) 857-2244

Minnetonka Spring Training instructional sessions:

Session #1 (5 weeks)

Instruction is offered:

Mon. & Tues. 5:30-9:30PM

Starting Mon. & Tues., Dec. 7th & 8th

through Mon. & Tues., Jan. 11th & 12th

No lessons on December 28th and 29th

Session #2 (6 weeks)

Instruction is offered:

Mon., Tues. & Wed. 5:30-9:30PM

Starting the week of Mon., Jan. 18th

through the week of Mon., Feb. 22nd

Wed. lessons start Jan. 13th

through Feb. 17th

How do the Spring Training sessions work?

You reserve a day of the week and a time during that day where you receive instruction from a qualified SFBS instructor every week at that time for the entire session.

What do the sessions cover?

Each small group or private lesson is specific to that student(s) and covers what the player(s) want to improve on. Each subsequent lesson builds on what the instructor and student(s) have already covered. Since the lessons are private or semi-private (small group), the instructor is able to start each individual at the place best for them and work from there.

LOOK AT WHAT PARENTS AND STUDENTS OF SOLID FOUNDATION BASEBALL SCHOOL ARE SAYING!

"I'm coming back for sure!"

"Could NOT have even happened without all that he learned thru you guys... Thanks again!"

"My son learned more in the last 6 weeks than he has learned in the last 3 years!"

"Thanks for your positive attitude and teaching style. I can see an increased level of confidence in Taylor each time you work with him."

"It turned my swing around 100%"

Call now to reserve your preferred time!! (320) 857-2244