

REGISTRATION FORM

Name _____
Address _____
City _____
State _____ Zip _____
Phone _____
Emergency Phone _____
Age _____ Grade _____
Parents Name _____
E-Mail _____

**Kandiyohi Session #/Date/Time
you are signing up for:**

MEDICAL RELEASE

I hereby consent to any medical treatment necessary for my child in case of an emergency and waive any claim or cause of action of any nature arising as a result of, or in connection with the instruction of SFBS, Inc. and its employees or arising from his/her presence on or about the facility that SFBS Inc. is using. I accept full responsibility for any and all medical and/or related expenses.

Signature _____
Date _____

**Please call to reserve your time!
(320) 857-2244**

**For more information on SFBS, our
coaches, philosophy, locations and
instruction check out our website!**

www.solidfoundationbaseball.com

Directions to our Kandiyohi Facility:
621 Atlantic Ave.
Kandiyohi, MN 56251

**From Highway 12: go north on County
Road 8. After crossing railroad tracks
take the first left, this will be Atlantic
Ave. Go approx. 3 blocks and you will
see the old Kandiyohi school. We will
be having the lessons in the
gymnasium at the school.**

**LOOK AT WHAT PARENTS AND STUDENTS
OF SOLID FOUNDATION BASEBALL
SCHOOL ARE SAYING!**

"I'm coming back for sure!"

*"Could NOT have even happened
without all that he learned thru you
guys... Thanks again!"*

*"My son learned more in the last 6
weeks than he has learned in the last 3
years!"*

*"Thanks for your positive attitude and
teaching style. I can see an increased
level of confidence in Taylor each time
you work with him."*

"It turned my swing around 100%"

**Solid Foundation Baseball
School, Inc.**

51923 298th Street
Grove City, MN 56243

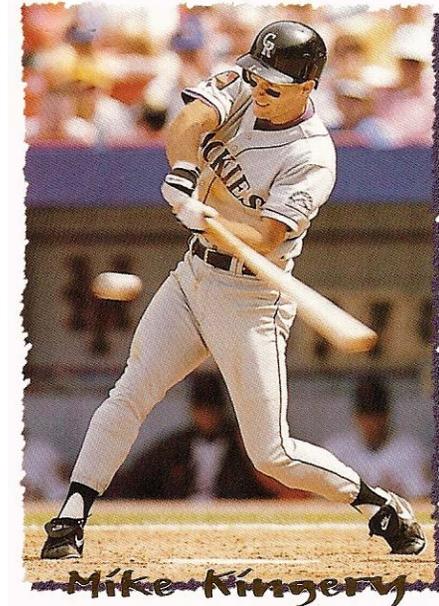
(320) 857-2244

mike@solidfoundationbaseball.com
www.solidfoundationbaseball.com



SPRING TRAINING 2017

Kandiyohi



**FOUNDED BY
MIKE KINGERY
Retired Major League
Baseball Player**

**Patient in teaching
Diligent in application
Enthusiastic in praise**

Are you looking for baseball & softball instruction that caters to the needs of the individual player?

- The mission of Solid Foundation Baseball School is to train and lead each student to reach their full potential as a baseball/softball player, an athlete, and a person.
- We accomplish this through private lessons and small group lessons that are fun, informative and personal.
- With the low student to teacher ratio we can properly train your player in the correct mechanics of hitting, throwing, pitching, infielding, outfielding, catching, and baserunning.
- At SFBS we do **not** use a cookie cutter approach for teaching each student. Through professional evaluation, each student is given techniques that will be player specific so they will be able to, through application, reach their highest potential.

Solid Foundation Baseball School, Inc. was founded in 1997 by Atwater, MN native and former Major League baseball player Mike Kingery. Mike has 17 years of professional baseball experience. As an outfielder, he played with the Kansas City Royals, Seattle Mariners, San Francisco Giants, Oakland A's, Colorado Rockies and Pittsburgh Pirates.

Kandiyohi Spring Training Instructional Sessions for 2017:

**Instruction is offered:
Tues., Wed. & Thurs. 5PM-9PM**

**Session #1
(Session #1 will be a 5 week session)
Starting the week of Monday, Jan. 2nd
through the week of Monday, Jan. 30th**

**Session #2
Starting the week of Monday, Feb. 6th
through the week of Monday, Mar. 13th**

**Session #3
Starting the week of Monday, Mar. 27th
through the week of Monday, May 1st**

**All sessions will be held at the
Gymnasium in the old school in
Kandiyohi**

PRICES

PRIVATE LESSONS:

\$60 1 hour lesson

SMALL GROUP RATES:

6 one hour lessons for 3 students is
\$140 per student = \$23.33 per hour
(\$117 per student for session #1)

6 one hour lessons for 2 students is
\$200 per student = \$33.33 per hour
(\$167 per student for session #1)

*Each student who registers for a training session receives a free SFBS t-shirt!

**Call now to reserve your
preferred time!!
(320) 857-2244**

How do the Spring Training Sessions work?

You reserve a day of the week and a time during that day where you receive instruction from a qualified SFBS instructor every week at that time for the entire session.

Do all sessions cover the same things?

Each small group or private lesson is specific to that student(s) and covers what the player(s) want to improve on. Each subsequent lesson builds on what the instructor and student(s) have already covered. Since the lessons are private or semi-private (small group), the instructor is able to start each individual at the place best for them and work from there.

"Thank you! Thank you! for Solid Foundation's support. The guys always look forward to the sessions."

"Sounds AWESOME! I feel like we won the lottery! Those guys are great!"

"Mike, my son Nicholas Johnson is in his first year at St John's. He just made the baseball team. I don't think he would have made it without your instruction."